

Recipe	Ingredients	Unit Cost	Recipe cost
<b>Breaded Mushrooms (4)</b>			
	1 pound fresh small mushrooms	-.20/0z	\$3.2
	1/3 cup flour	-.08/cup -.03/ 1/3cup	\$0.03
	1/4 cup dry bread crumbs	-1.09/1 cup -. 27/1/4cup	\$0.27
	1 1/2 teaspoon salt	-.01/T	\$0.01
	1 teaspoon Italian seasoning	-1.7oz/2.4	\$0.4
	1 large egg	-.08/egg	\$0.08
Total Recipe Cost			\$3.99
Serving Cost			\$1
Menu Cost			\$2.5
<b>Quiche Lorraine</b>			
	1/8 pastry crust	3.99/1	\$0.5
	1 bacon slice	-3.50/lb	\$0.18
	1/8 onion	.89/2c	\$0.11
	1egg	.08/egg	\$0.08
	3 T milk	.14/c	\$0.03
	1/8 t salt	.01/T	\$0.01
	3 T shredded Swiss Cheese	.25/c	\$0.05
	1/4 t flour	.08/c	\$0.01
Total Recipe Cost			0.97
Menu Cost			\$2.43
<b>Fresh Fruit Salad</b>			
	1/2c strawberries	1.99/lb	\$0.5
	1/4c blueberries	.16oz	\$0.32
	1/4c kiwi	.59/kiwi	\$0.15
	1/4 banana	.16/banana	\$0.04
	1/4c grapes	1.59/lb	\$0.2
	1/8(8oz) container of yogurt	.46/8oz	\$0.06
	1/4t lemon juice	.08/T	\$0.01
	1/8t sugar	.18/c	\$0.01
	1/8t vanilla extract	.36/T	\$0.01
Total Recipe Cost			\$1.3
Menu Cost			\$3.25

Recipe	Ingredients	Unit Cost	Recipe cost
<b>Creme Brulee</b>			
	1/2c heavy cream	4.20/quart	\$0.53
	1T sugar	.18/cup	\$0.01
	pinch of salt	.01/T	\$0.01
	1/4 vanilla extract	.36/T	\$0.04
	1 egg	.08/egg	\$0.08
	1t sugar	.18/cup	\$0.01
Total Recipe Cost			\$0.68
Menu Cost			\$1.7
<b>Rosted Garlic Bread</b>			
	3/8 bulb garlic	.59/2bulbs	\$0.11
	1t olive oil	2.24/c	\$0.05
	1/8 loaf Italian bread	1.79/loaf	\$0.22
	1T butter	.88/c	\$0.06
	1/4t parsley	1.29/.75oz	\$0.1
	1t parmesan cheese	.51/1/4c	\$0.04
Total Recipe Cost			\$0.58
Menu Cost			\$1.45
<b>Mnicotti with Cheese Filling</b>			
	1pkg Manicotti	1.4/8oz	\$1.4
	1lb ricotta cheese	1.9/15oz	\$2.03
	4oz mozz. cheese	2.16/12oz	\$0.72
	3T parmesan cheese	3.9/8oz	\$0.26
	2t sugar	.18/c	\$0.01
	1 egg	.08/egg	\$0.08
	1T parsley flakes	.8/c	\$0.05
	1/4t salt	.01/T	\$0.01
	1/4 pepper	.09/T	\$0.01
	1(29oz) can of spaghetti sauce	1.24/26oz	\$1.45
Total Recipe Cost			\$5.08
Serving cost			\$1.45
Menu Cost			\$3.63

Recipe	Ingredients	Unit Cost	Recipe cost
Bruschetta			
	1T olive oil	2.24/c	\$0.14
	1T fresh chives	3.98/.16oz	\$0.17
	1T basil	3.98/oz	\$1.99
	1T lemon juice	.08/T	\$0.08
	1 clove garlic	.50/bulb	\$0.13
	2 cup tomato	.39/lb	\$0.39
	1/2 cup onion	.89/lb	\$0.22
	1-8oz loaf french bread	1.79/loaf	\$1.79
Total Recipe Cost			\$4.91
Serving cost			\$0.61
Menu Cost			\$1.53