

Step Accuracy Self Assessment

Name _____

Step Accuracy:

Watch the video of you marching to "Distorted"

Look at the evaluation of your times for your marching.

1. What percentage of time were you in step? _____

2. What connections can you make to your being in or out of step and the location of that checkpoint in your music (hard music sections, easy music sections, sections you don't play)?

3. What strategies do you think would work best for you in improving your marching abilities in the times you were marked as out of step? If you marched well and had no times out of step, what strategies do you think would help the rest of the group improve marching skills?

Name _____

Please read the following elements of marching and check the box that you feel best describes your knowledge and abilities for each element. You will assess yourself on this page, directors will assess you on the reverse side.

Element	Level 4	Level 3	Level 2	Level 1
Fundamentals (stationary commands, mark time, pivots)	I know them all and can execute them all with no problems	I know them all and can do most of them with no problems	I know most of them but have trouble doing some of them	I don't know them all and have trouble doing a lot of them
Marching	I am always in step	I am mostly always in step	I am sometimes in step but have trouble feeling the time	I don't seem to be in step hardly at all and can't feel the beat.
Glide step	I know how to do a glide step and always use it	I know how to do a glide step and use it most of the time	I kind of understand what a glide step is and do it sometimes	I don't do a glide step ever and don't really know what it is
Traverse	I know how to do a traverse and can effectively use it when it is appropriate. I can and do turn my upper body completely into position.	I know how to do a traverse and use it most of the time when it is appropriate. I can and do turn my upper body into the correct position most of the time.	I understand what a traverse is but have some difficulty in using it when appropriate. I have a difficult time turning my body into the correct position.	I think I know what a traverse is but don't always know when to use it. I don't turn my upper body into the correct position when attempting a traverse.
Backstep	I know how to do a back step and can effectively use it. I stay on my toes all of the time and can backstep in step.	I know how to do a backstep and can use it most of the time. I stay on my toes most of the time and can backstep in step most of the time	I have some difficulty doing a backstep. I don't stay on my toes and have trouble doing a backstep in step.	I don't understand how to do a backstep. I can't stay on my toes and cannot backstep in step.
Horn Angle	I understand where my proper horn position is and always have my instrument in the proper position.	I understand where the proper position is for my instrument and have it in proper position most of the time	I think I understand where the proper position is for my instrument but I don't seem to carry in that position very much.	I can't seem to hold my instrument in proper position when marching. I may not be keeping it in the position at all when I play.
Setting	I understand what setting is and do it always when movement begins	I understand what setting is and do it most of the time when move begins	I think I know what setting is but don't do it regularly.	I don't think I know what setting is and don't do it at all
Music	I am able to play all of the marching music used for shows and can play and march it all at the same time.	I am able to play most of the marching music used for the shows and can play/ march most of it at same time	I can play some of the music used for the marching shows but have difficulty playing and marching at the same time	I have difficulty playing a lot of the music used for the shows and can not play and march at the same time
Chart Reading	I understand how to read a marching chart and was effective at marking my music from reading the chart. I had all of my charts marked on time.	I understand mostly how to read a marching chart and was mostly effective at marking my music from reading my chart. I had all of my charts marked on time	I have questions about how to read a marching chart and about how to mark my music from reading a chart. I did not always have my music marked on time	I don't really understand how to read a marching chart and don't really know how to mark my music from reading a chart. I didn't have my charts marked on time and had little or no markings on my pages.

